

May You Heal

Words by
BRUCE L. RUBEN

For SATB, Piano, and Optional Cello*
Duration: ca. 3:30

Music by
MARK SIRETT
Edited by
JUDITH CLURMAN

With sincerity ♩ = ca. 86

Piano *mp*

The musical score is written in 4/4 time with a key signature of three flats (B-flat, E-flat, A-flat). The tempo is marked 'With sincerity ♩ = ca. 86'. The piano part begins with a melody in the right hand and a supporting bass line in the left hand. The vocal parts (Soprano, Alto, Tenor, Bass) enter in the second measure with the lyrics 'May you heal,'. The Soprano part has a melodic line with a half note and a quarter note. The Alto part has a similar line but with a longer note value. The Tenor and Bass parts have a more rhythmic line with eighth notes. The piano accompaniment continues throughout the vocal entry.

Soprano *mp*
May you heal,

Alto *mp*
May you heal,

Tenor *mp*
May you heal,

Bass *mp*
May you heal,

*Cello part can be found on p. 14.
Full score is available for digital download at www.halleonard.com/choral

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7

May you be well a-gain, May you be

May you be well, May you be

May you be well, May you be

May you be well, May you be

10

brave, May you be strong,

brave, May you be strong,

brave, May you be strong,

brave, May you be strong,

MAY YOU HEAL – SATB



A

5

poco cresc.

May _____ you heal, May _____ you be

poco cresc.

May _____ you _____ heal, May _____ you be

poco cresc.

8 May _____ you heal, may you heal, May _____ you be

poco cresc.

May _____ you _____ heal, May _____ you be

A

poco cresc.

mf

well a-gain, May you be brave,

mf

well a - gain, May _____ you be brave,

mf

8 well a - gain, May _____ you be brave, _____

mf

well a - gain, May _____ you be brave,

mf

MAY YOU HEAL – SATB



20

May you be strong, _____

May _____ you be strong, _____

May you be strong, _____

May you be strong, _____

23

mp

May you be well _____ a - gain.

mp

May you be well _____ a - gain.

mp

May you be well _____ a - gain.

mp

May you be well _____ a - gain.

MAY YOU HEAL – SATB



B With gentleness

7

27

May you lean on friends,

May you lean on friends,

May you lean on friends,

May you lean on friends,

B With gentleness

30

friends and fam - i - ly, Re - turn to

friends and fam - i - ly, Re - turn to

friends — and fam - 'ly, Re - turn, re - turn to

friends and fam - 'ly, Re - turn, re - turn to

MAY YOU HEAL – SATB



33 *cresc.*

health, — to health, — health and whole - ness,

cresc.

health, to health, health and whole - ness,

cresc.

8 health, — to health, — health and whole - ness,

cresc.

health, to — health, health and whole - ness,

cresc.

C *mf*

May you lean on friends, friends and

mf

May you lean on friends, on friends and

mf

8 May you lean on friends, on friends and

mf

May you lean on friends, on friends — and

C *mf*

MAY YOU HEAL – SATB



40 *cresc.*

fam - i - ly, Re - turn to health, — to — health, — health and

cresc.

fam - i - ly, Re - turn to health, to — health, health and

cresc.

8 fam - i - ly, Re - turn, re - turn to health, — to — health, — health and

cresc.

fam - 'ly, Re - turn, re - turn to health, to — health, health and

cresc.

44 *f*

whole - ness, — whole - ness, — whole - ness,

f

whole - ness, — to — whole - ness, — to — whole - ness, whole - ness,

f

8 whole - ness, to whole - ness, to whole - ness, —

f

whole - ness, whole - ness, whole - ness,

MAY YOU HEAL – SATB



52 *cresc.*

joy - ous, — joy - ous, — joy -

cresc.

joy - ous, — joy - ous, — joy - ous,

cresc.

joy - ous, joy - ous, joy - ous,

cresc.

joy - ous, joy - ous, joy -

cresc.



[illegible][illegible]

MAY YOU HEAL – SATB



61

heal, May you be well a - gain,
 heal, May you be well,
 heal, May you be well,

64

May you be brave, May you be
 May you be brave, May you be
 May you be brave, May you be
 May you be brave, May you be

MAY YOU HEAL – SATB



67

strong, _____ May _____ you heal, _____ be _____

strong, _____ May you heal, _____ be

8 strong, _____ May _____ you heal, be

strong, _____ May you heal, be

71

p well _____ a - again. _____

p well _____ a - again. _____

p well _____ a - again. _____

p well _____ a - again. _____

p

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mp

4

7

5

A

mp poco cresc.

17

mf

20

23

mp

B With gentleness

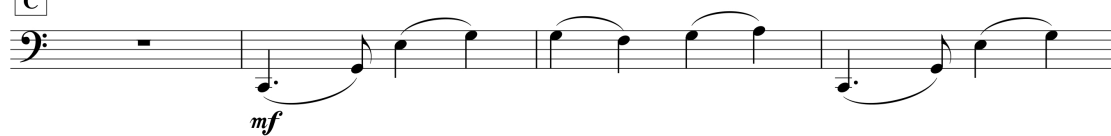
27

8

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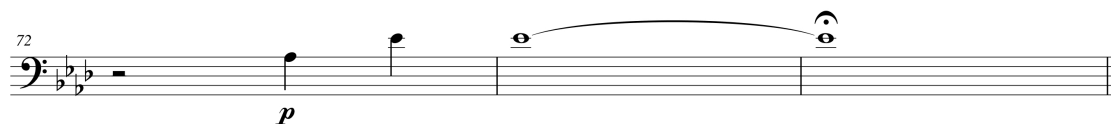


C



D

With Serenity



MAY YOU HEAL – SATB



PROGRAM NOTE

“May You Heal”, by Mark Sirett and Bruce L. Ruben, is the centerpiece of the *May You Heal Project*, a series of five short choral works that have been recorded and commissioned by Judith Clurman’s Essential Voices USA during the COVID-19 pandemic. The project offers music of comfort, peace, renewal and self-awareness. The composers and lyricists represented in the project include David Chase (“When Science Triumphs”- text by Drs. Anthony Fauci, Malthilde Krim, Jonas Salk), Katie Jenkins (“Dona Nobis Pacem”- liturgical text), and Mark Sirett (“May You Heal”- text by Bruce L. Ruben and “Responsibility” - text by Hillel the Elder), and Bill Cutter (“I Celebrate Myself” - text by Walt Whitman). The project is recorded by Judith and Essential Voices USA on the Acis label.

Composer Mark Sirett captures the essence of the text in a poignant, contemplative choral setting for mixed voices and piano. The text, by Bruce L. Ruben, expresses the human needs and emotions involved in the process of healing from illness; the lyrics remind us of the healing power of friends and family.

TEXT

May you heal.
May you be well again.
May you be brave.
May you be strong.
May you lean on friends and family.
May you return to health and wholeness.
May you be joyous.
May you heal.
May you be well again.

DURATION: Ca. 3:45

ABOUT THE COMPOSER AND LYRICIST

Canadian conductor, composer and educator, **Mark Sirett** holds both M.A. and D.M.A. in choral conducting from the University of Iowa. He is Founding Artistic Director of the Cantabile Choirs of Kingston, Ontario, a multi-choir educational program of seven choirs and almost three hundred singers. He is recipient of the *Jury Prize* for Creative Programming - Cork International Choral Festival, the *President’s Leadership Award* from Choirs Ontario and, on two occasions, *Outstanding Composition* from Choral Canada.

Bruce L. Ruben earned a Bachelor’s in Music and a Masters in Religion from Indiana University, he was ordained a cantor at the Jewish Theological Seminary, and earned a Ph.D. in history from City University of New York. He held a twenty-four-year tenure at Temple Shaaray Tefila in NYC and then served as the director of the cantorial school at Hebrew Union College. He currently teaches history at Hunter College in NYC and lives in Manhattan with his wife, the conductor Judith Clurman. Their son Ari also lives in Manhattan with his wife Alexandra, and their daughter Penelope Freida.

